

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Soup

Leek and Potato

Vegetable Miso Soup

Broccoli Soup

Potato and Spinach Soup

Soup of the Day ©

Mains

Chicken Chorizo Paella(D)

Pasta Bolognese (mc G)

Roast Pork

Chicken Rogan Josh

Breaded Fish (F G D E)

Vegetarian

Potato Tortilla(E D)

Vegetable Bolognese

Apple Sauce
Sweet potato Chickpea Bake

Cauliflower Chickpea and Potato
Curry

Vegetable Burger(G)

Side Options

Pasta (G)
Vegetable Selection

Pasta (G)
Vegetable Selection

Pasta (G)
Vegetable Selection

Pasta (G)
Vegetable Selection

Pasta (G)
Vegetable Selection

Salads

Selection of naked and compound salads

Selection of naked and compound salads

Selection of naked and compound salads

Selection of naked and compound salads

Selection of naked and compound salads

Sweets

Lemon Drizzle(G E)
Fruit, Jellies

Chocolate Oat Bar(G D SU S)
Fruit, Jellies

Fruit Tart (G D S SU)
Fruit, Jellies

Old School Cake(G E)
Fruit, Jellies

Cake selection (G E)
Fruit, Jellies

Hydration station

Flavoured water and Cordials

Flavoured water and cordials

Flavoured water and cordials

Flavoured water and cordials

Flavoured water and cordials

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Soup

Cauliflower Soup

Vegetable Soup

Butternut Squash Soup

Lentil and Ham Soup

Soup of the Day

Mains

Pulled Pork(su)
Saute Potatoes

Chilli Con Carne
Rice

Roast Gammon (su)
Steamed Potatoes

Chicken Asian Vegetables(S)

Pepperoni Pizza(g d s)

Vegetarian

Bao Bun with Jack Fruit(G)

Falafels
Mango Salsa

Seasonal Vegetable Tart

Vegetable Burrito(g)

Tomato and Mozzarella (g d s)

Side Options

Pasta (G)
Vegetable Selection

Pasta (G)
Vegetable Selection

Pasta (G)
Vegetable Selection

Pasta (G)
Vegetable Selection

Pasta (G)
Vegetable Selection

Salads

Selection of naked and compound salads

Selection of naked and compound salads

Selection of naked and compound salads

Selection of naked and compound salads

Selection of naked and compound salads

Sweets

Fruit Crumble (g)
Fruit, Jellies

Biscuit Selection(g d s su)
Fruit, Jellies

Eton Mess(D E)
Fruit, Jellies

Chocolate Pudding (G D E)
Fruit, Jellies

Cake Selection (G E)
Fruit, Jellies

Hydration station Flavoured water and cordials Flavoured water and cordials Flavoured water and cordials Flavoured water and cordials Flavoured water and cordials

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Soup Vietnamese Style Soup Cream of Onion Soup Roasted Pepper and Tomato (C T) Vegetable Soup © Soup of the Day ©

Mains Pork and Lentil Rague (G) Lasagne (g d s e) Roast Turkey Pork Sausage(g su s) Cajun Chicken

Vegetarian Creamy Vegetable Pie(G D) Moussaka(d g) Cheese Onion Quiche Bean Burger Halloumi Skewers

Side Options

Vegetable Pasta (G)
Vegetable Selection Pasta (G)
Vegetable Selection Pasta (G)
Vegetable Selection Pasta (G)
Vegetable Selection Pasta (G)
Vegetable Selection

Salads Selection of naked and compond salads Selection of naked and compond salads Selection of naked and compond salads Selection of naked and compond salads Selection of naked and compond salads

Sweets Summer Fruit Crumble(g)
Fruit, Jellies Fruit Muffin(g d e s)
Fruit, Jellies Crispie Cake(g d s su)
Fruit, Jellies Fruit Sponge(g d e)
Fruit, Jellies Cake Selection (G E)
Fruit, Jellies

Hydration station Flavoured waters and cordials Flavoured waters and cordials Flavoured waters and cordials Flavoured waters and cordials Flavoured waters and cordials

Allergies

- G gluten
- D dairy
- E egg
- C celery
- F fish
- SE sesame
- SU sulphite
- S soya
- M mustard
- mc may contain
- T tomato